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Piscataquis Public Health Council
HMP Action Team
November 13, 2007
Mayo Regional Hospital, Dover-Foxcroft

Attending: Robin Mayo, PPHC Community Partnership Director; Tom Lizotte, Mayo liaison; Cheri Snow, Penquis; Judy Gerrish, Heartwise; David McDermott, M.D.; Sharon Foster, RN, SAD 4; Jeff Keene, SAD 68 principal; Sue Parker, RN, SAD 64; Dawna Blackstone, Union 60 School Health Coordinator; Judy Gilbert, RN, Foxcroft Academy; Dave Fournier, SAD 46; Keith Flewelling, Community Partnership Specialist; Ralph Gabarro, Mayo CEO; Russ Page, Piscataquis Chamber of Commerce; Pat Kelleher, Charlotte White Center.

Keith Flewelling reviewed the work plan for Substance Abuse Evidenced-Based/Best Practices, covering underage drinking, high-risk drinking among ages 18-25 and prescription drug misuse among ages 18-25.

Robin Mayo reported PPHC is working on the "Starting Young" program with five Head Start run by Penquis with locations in Milo, Parkman, Dover Dexter and Exeter. This pilot project, also in collaboration with the Piscataquis County Youth Overweight Collaborative, encourages children to engage in "motion activities" and follow the 5-2-1-0 message.

The "Got a Minute, Give it to York Kids" initiative is targeting messages to parents through use of restaurant placemats.

Chamber Executive Director Russ Page discussed worksite wellness initiatives being undertaken with assistance from the PPHC, including the release of the waterfalls guide.

SHC Dawna Blackstone explained her intention to share resources and information of interest to all area school districts through a bi-monthly SHC meeting followed directly after the HMP Action Team Meeting.

Submitted by Tom Lizotte